



South Bank Primary School Curriculum Statement

PE	2024/2025	Subject Leader: Sean Curtis
Intent		
<p>The PE curriculum at South Bank Primary School aims to develop the physical skills of pupils whilst adopting a holistic approach to their personal development. The aims of the National Curriculum for PE sit at the heart of all lessons within a framework of encouraging positive interactions and teamwork. The overarching aim is to encourage all pupils to live a happy and healthy lifestyle as successful members of the community. The fundamental principles of teamwork and sportsmanship are taught from an early age which allow children to develop socially including their understanding of fair play.</p> <p>The PE curriculum aims to engage children from all backgrounds and ensure all barriers are overcome so that pupils are motivated to take part in a range of sports.</p> <p>We engage with local sports people to inspire children to become the next generation of sports champions, achieving their potential both physically and mentally.</p> <p>PE National Curriculum Aims</p> <ul style="list-style-type: none">• develop competence to excel in a broad range of physical activities• are physically active for sustained periods of time• engage in competitive sports and activities • lead healthy, active lives		
Implementation		
<p>South Bank Primary have adopted Complete PE as our approach to delivering effective and engaging PE lessons.</p> <p>The Complete PE curriculum is broken down into six key areas detailed below:</p> <ul style="list-style-type: none">• ABC of movement (Gymnastics)• Dance• Core Athletics Skills• Sending, Receiving, Throwing and Catching• Striking and Fielding• OAA (Outdoor Adventurous Activities) <p>Key skills in each topic are planned using the assessment toolkit. They build on learning from previous years in the same topic with each lesson. These are written in the Medium-Term Plans and progress from one lesson to another. A detailed curriculum map ensures that children experience a wealth of opportunities in these key areas as they progress throughout the school. Each class is timetable for two PE lesson each week focusing on both indoor and outdoor topics.</p> <p>In Year 4 children visit the local swimming pool where they learn to:</p> <ul style="list-style-type: none">• Swim competently, confidently and proficiently over a distance of at least 25 meters• Use a range of strokes effectively		

- Perform safe, self-rescue in different water-based situations

A wide range of physical resources are used to teach the Complete PE curriculum.

Each class has access to a playtime resource bag which includes a range of equipment to support their physical development at break times to ensure that children are engaged in physical activity throughout the school day.

At South Bank Primary we recognise the significant impact that physical activity has on an individual's health and wellbeing. This link is made explicit to children during our Mental Health and Wellbeing weeks. We also highlight physical health as a significant part of personal development.

Impact

At South Bank Primary, the impact of quality first teaching in PE will foster a love and enthusiasm for the subject. Well-constructed and well-taught lessons provide pupils with opportunities to develop and apply skills independently – skills essential for a healthy mind and body, this is essential to allow all pupils to become a positive member of society.

By the end of the EYFS pupils will be able to:

- Show good control and coordination in large and small movements.
- Move confidently in a range of ways, safely negotiating space.
- Work co-operatively with others, taking it in turns.
- Take account of one another's ideas about how to organise their activity.

By the end of KS1 pupils will be able to:

- Build on and embed the physical development and skills learned in EYFS (be active and interact with others, to improve their skills of coordination, control, manipulation and movements).
- Develop fundamental movement skills.
- Become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- Be able to engage in competitive [both against self and against others] co-operative physical activities, in a range of increasingly challenging situations.

By the end of KS2 pupils will be able to:

- Build on and embed the physical development and skills learned in Key Stage 1.
- Continue to apply and develop a broader range of skills.
- Learn how to use the skills in different ways.
- To link skills to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other.
- Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.