

MENU WEEK ONE



MONDAY

MAIN MEALS

Chicken Curry served with vegetable rice (50/50/wholemeal & white) with Green Beans & Cauliflower

VEGETARIAN

Plant based balls in Tomato & Basil Sauce served with Pasta, Green Beans & Cauliflower

DESSERTS

Bonfire Chocolate Cake served with Custard

TUESDAY

Mince & Herb Dumpling served with Diced Potatoes, Spring Greens & Broccoli

Plant Based Sausage in Onion Gravy served with Diced Potatoes, Spring Greens & Broccoli

Cheese, Crackers & Grapes

WEDNESDAY

Burger in a Bun served with Oven Baked Wedges, Baked Beans & Carrot sticks

Crustless Cheese & Onion Quiche served with Oven Baked Wedges, Baked Beans & Carrot Sticks

Tutti Frutti Cake served with Custard

THURSDAY

Roast Pork with Stuffing served with Mashed Potato, Broccoli & Carrots

Pasta Shells in a Creamy Tomato Sauce served with Crusty Bread, Broccoli & Carrots

Homemade Fruit Flapjack

FRIDAY

Battered Fish served with Chips, Peas & Sweetcorn

Stir fry Noodles & Vegetables

Oaty Apple crumble served with Custard

V VEGETARIAN

Vg VEGAN

MSC FISH