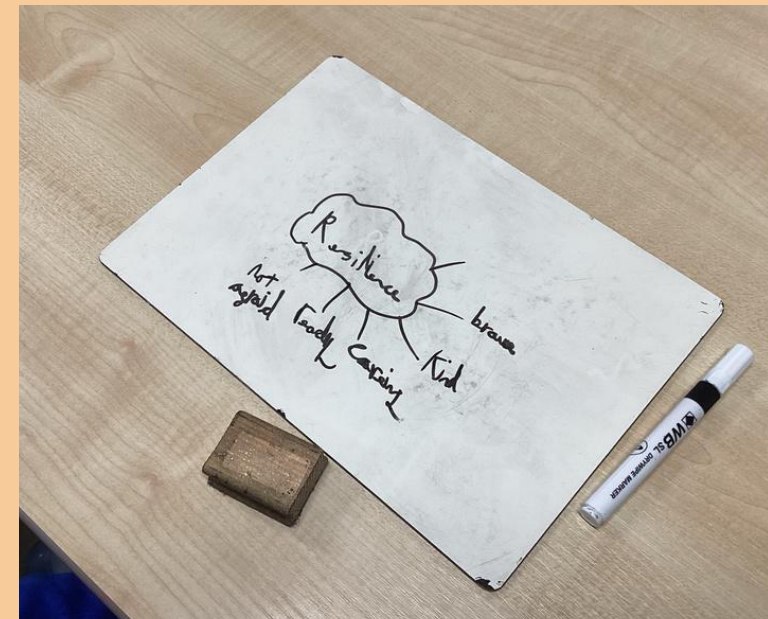
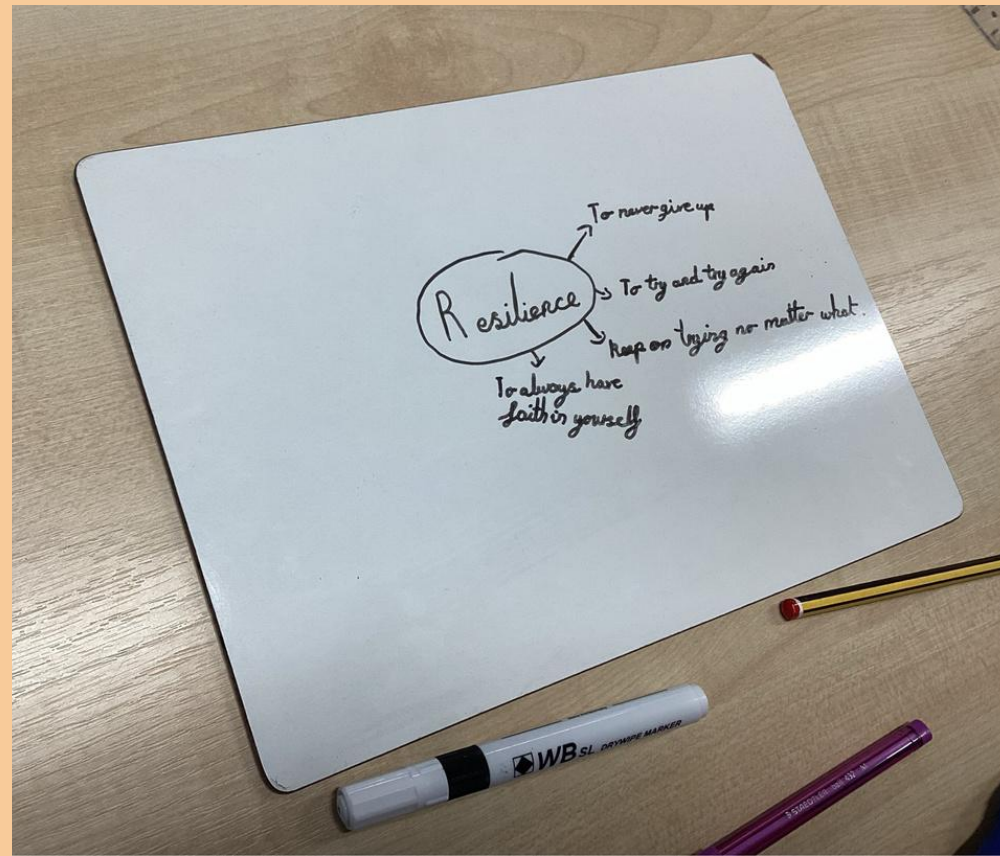
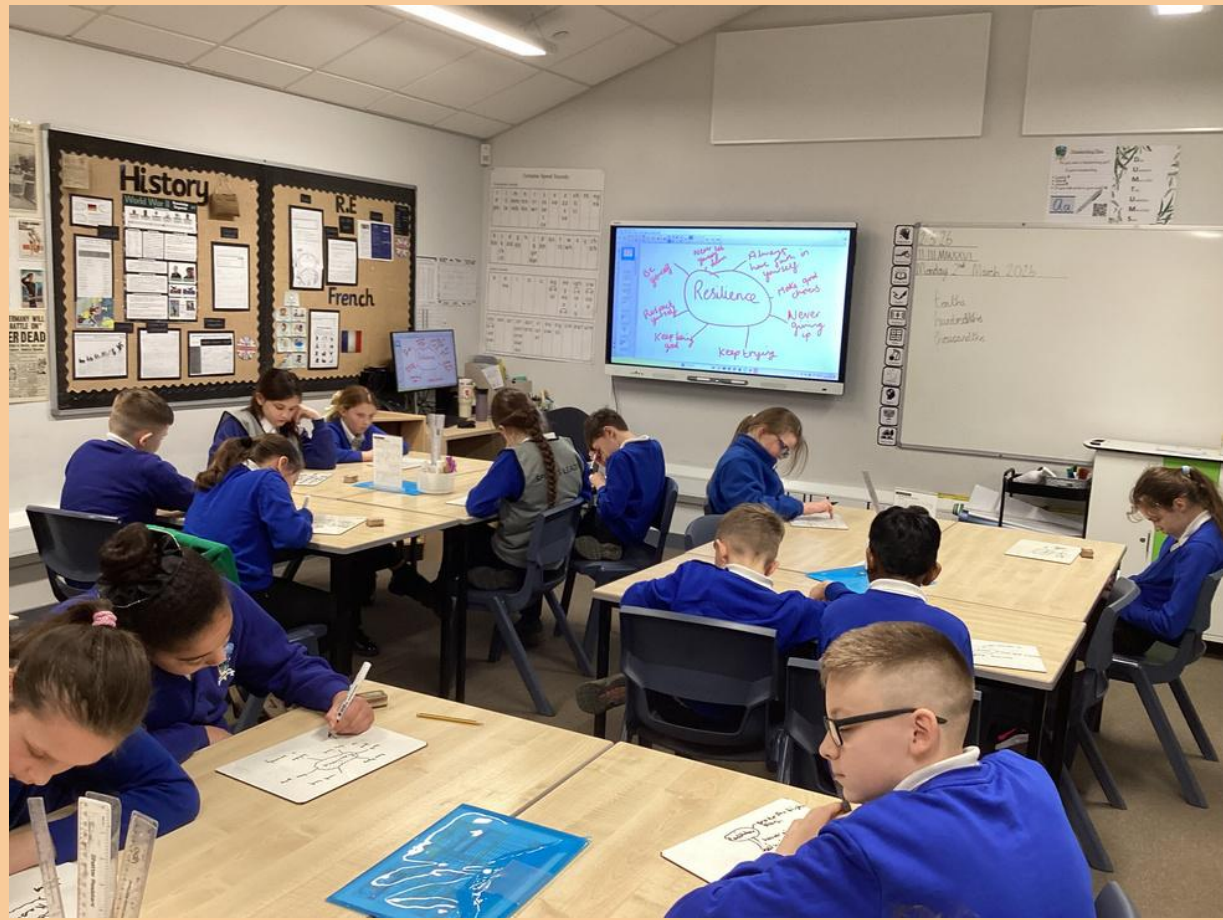




# SPRING

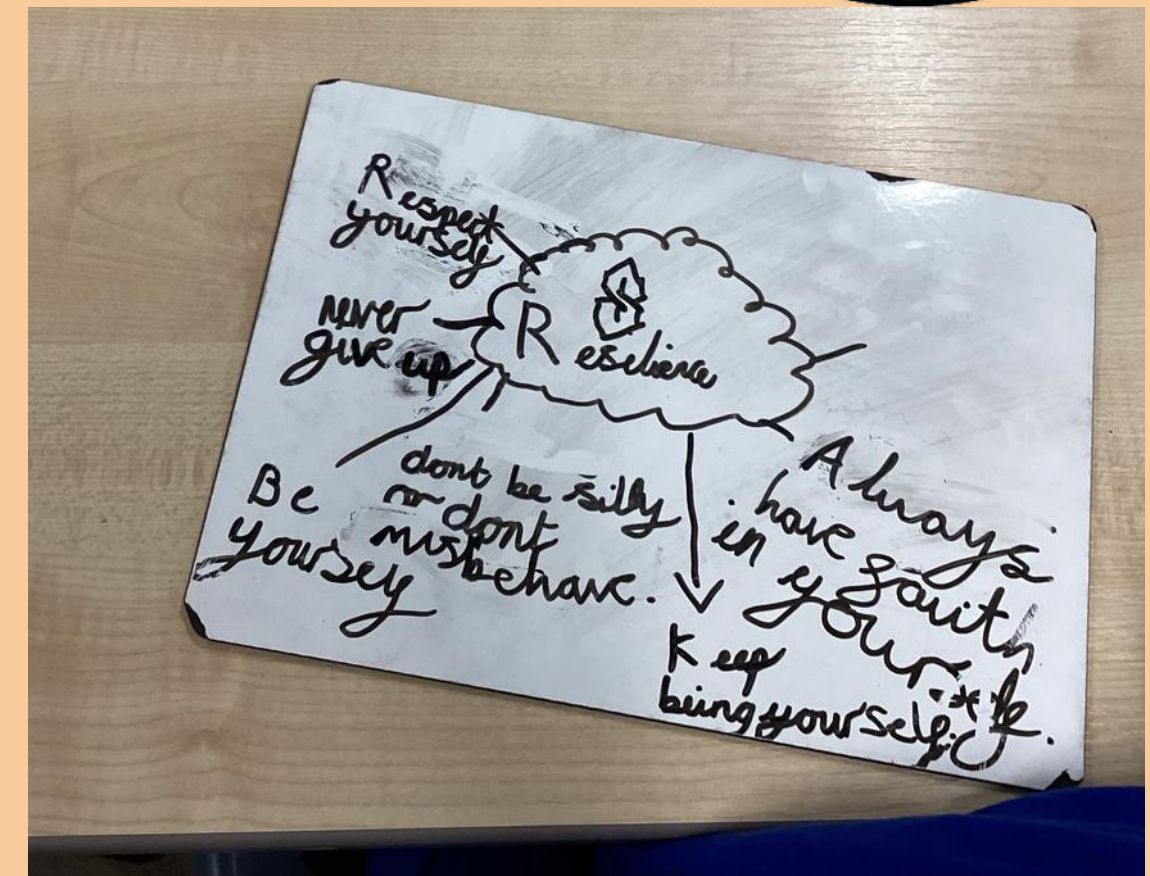
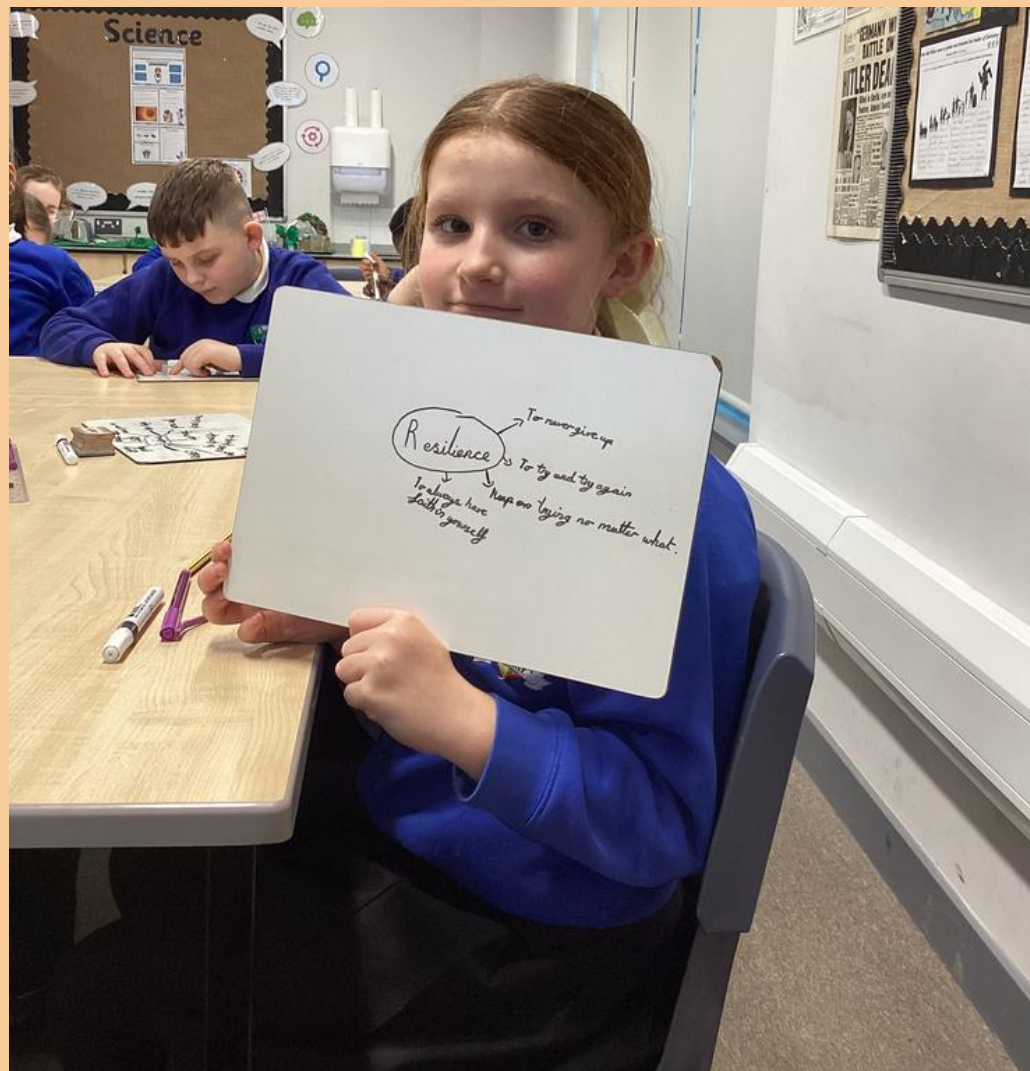
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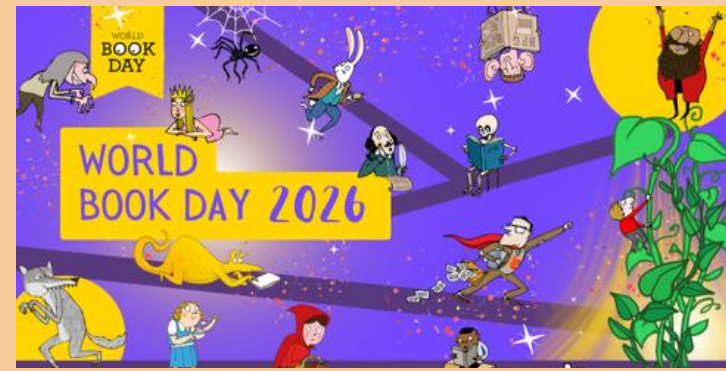




# Personal Development Resilience

Zircon looked at what it means to be resilient and identified examples of resilient behaviour and what this would look like.





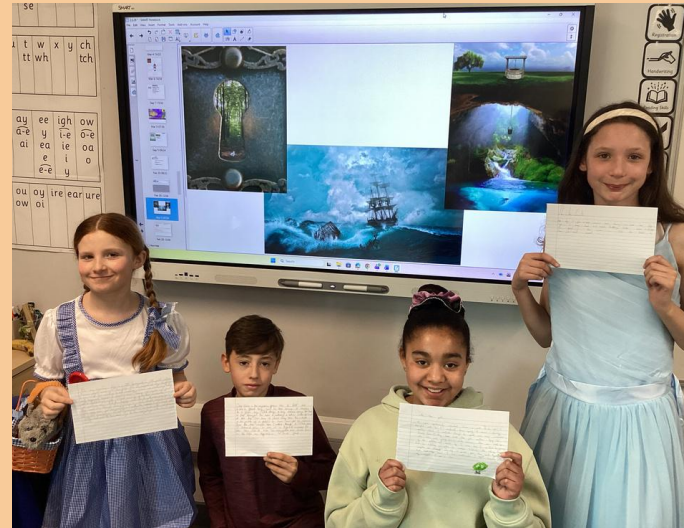
Zircon enjoyed experiencing the reading cafe



# WORLD BOOK DAY



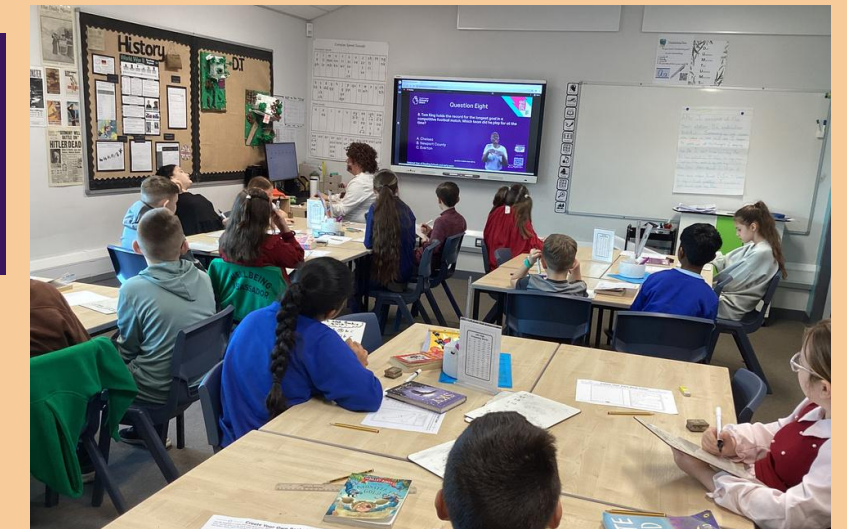
We were visited by the local library and selected books using out WBD tokens.



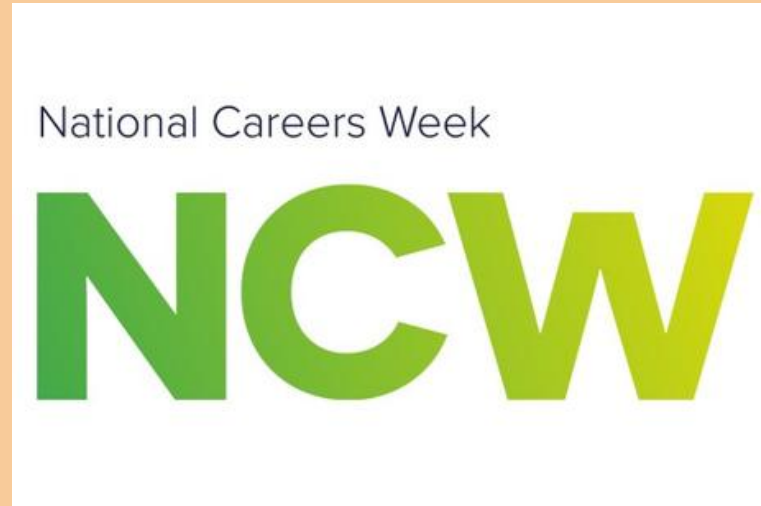
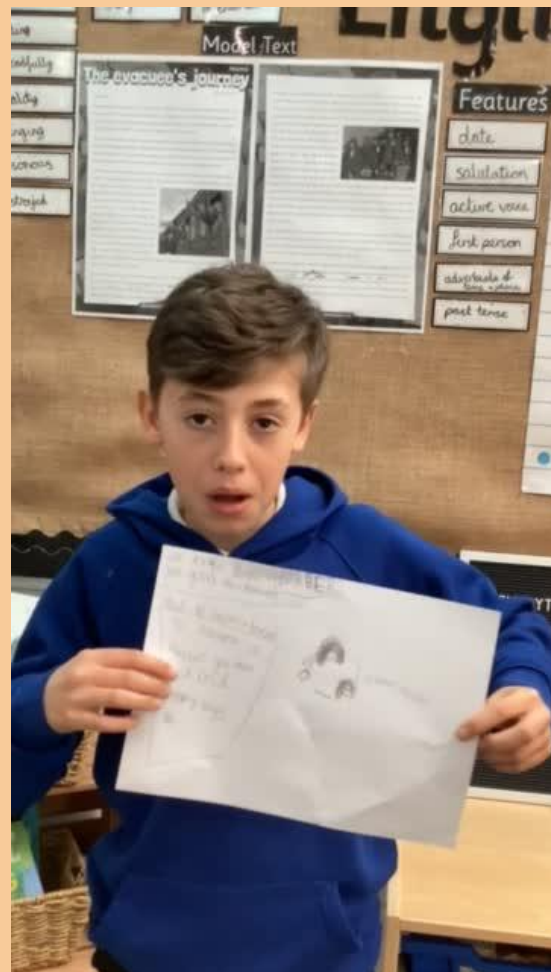
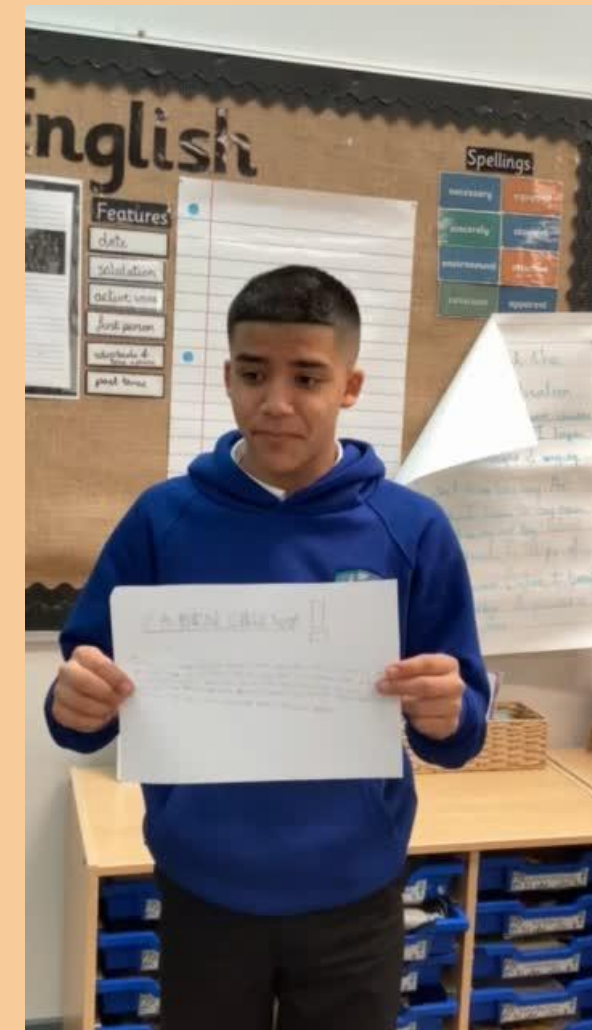
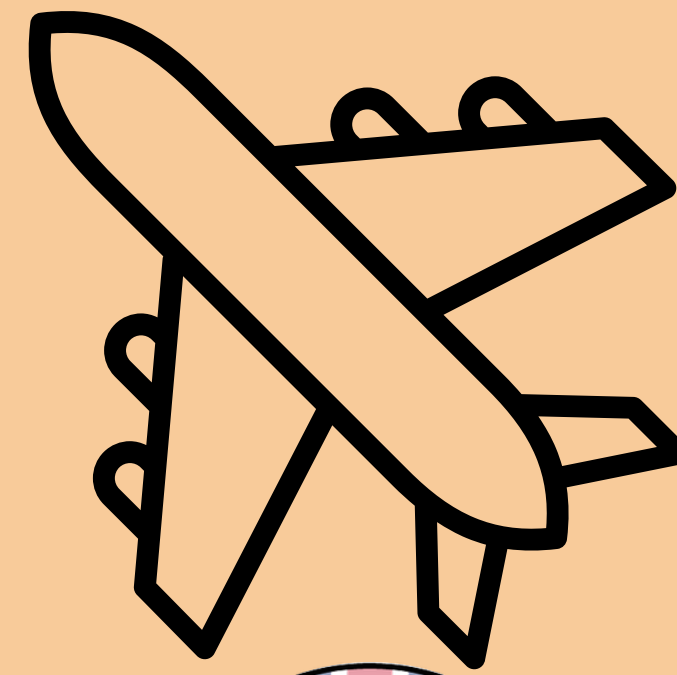
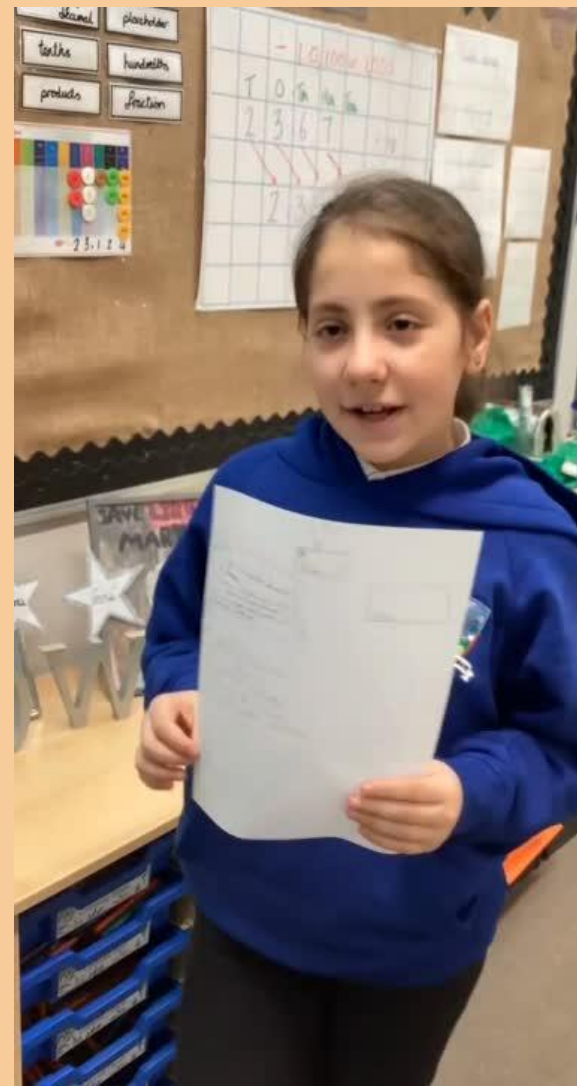
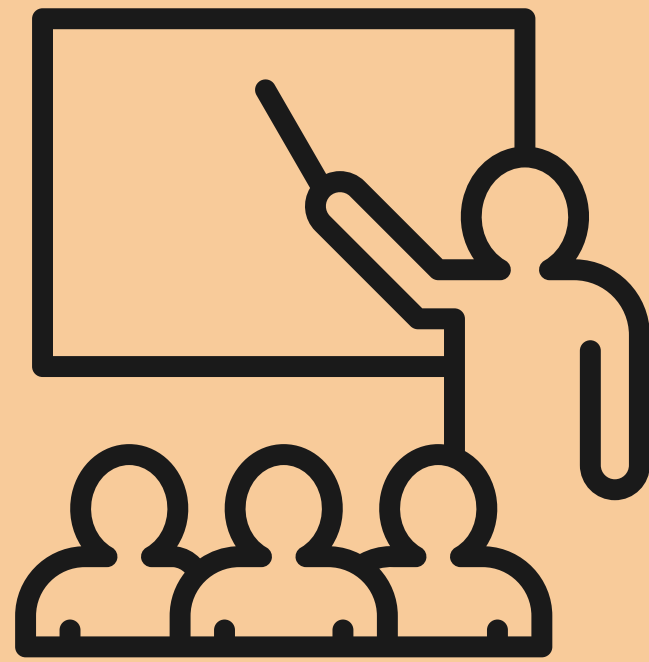
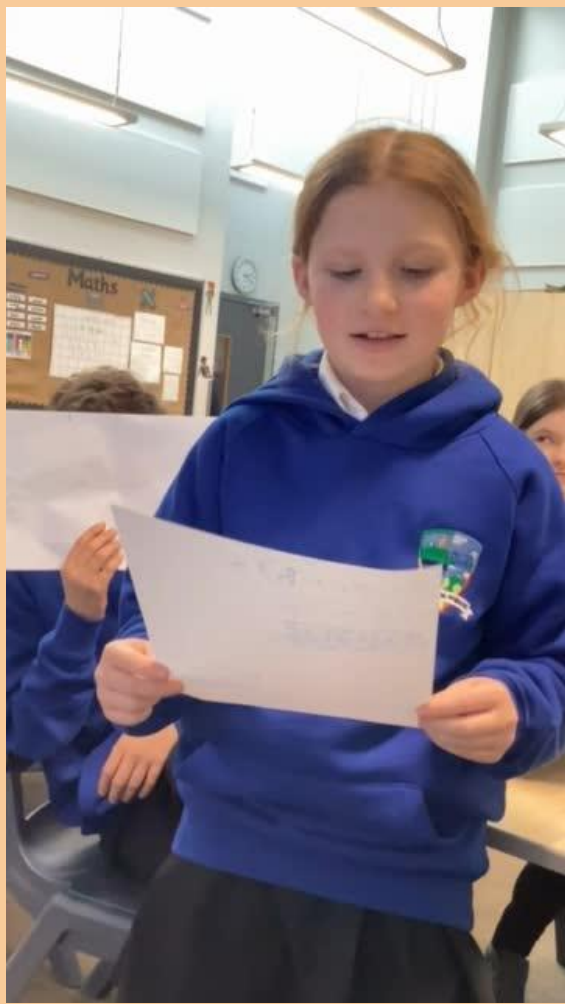
We wrote a short story using images as inspiration.



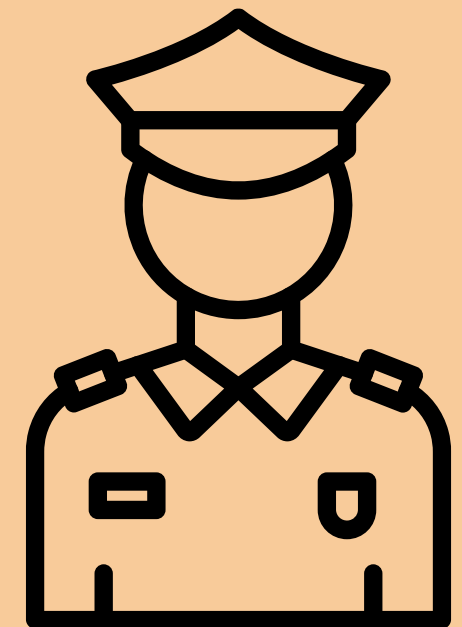
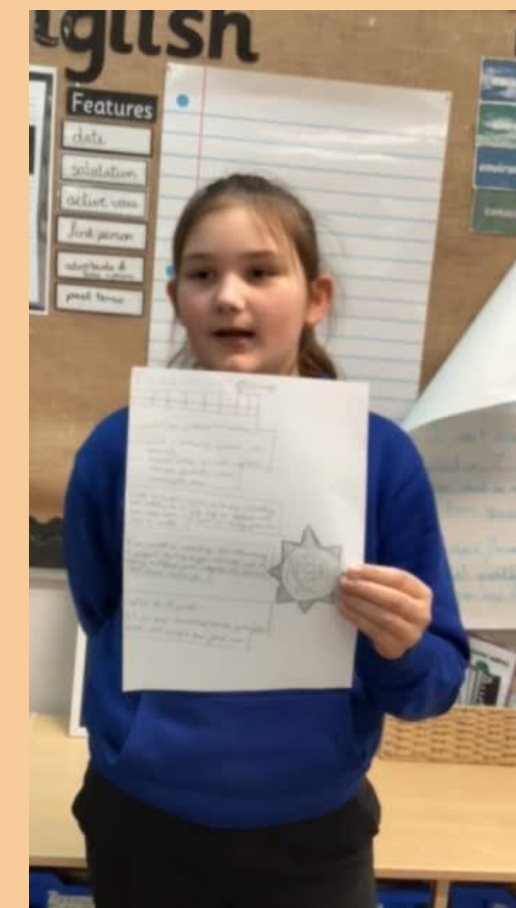
We cretaed a whole class story by adding on from the previous person.



The Great Big World Book Day Footy and Booky Quiz 2026

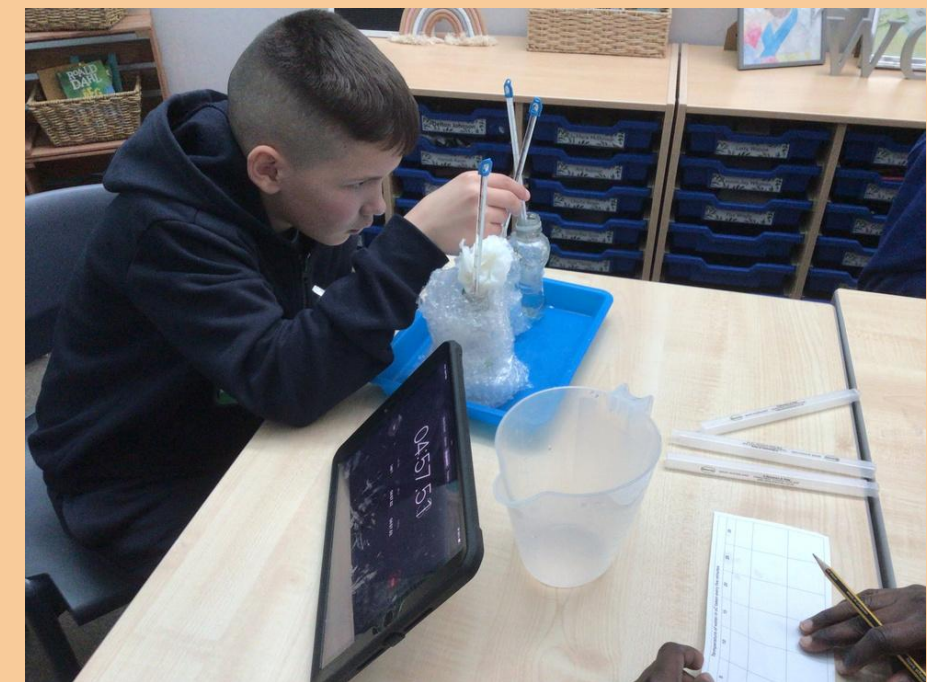
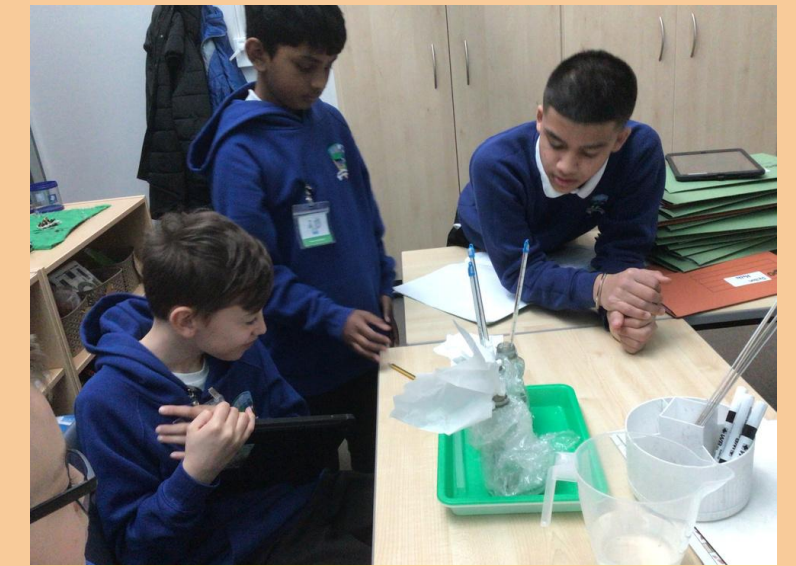


For careers week, we looked at different jobs and what we need to do to achieve them. We also explained our reasons for choosing these careers.





BRITISH  
SCIENCE  
WEEK



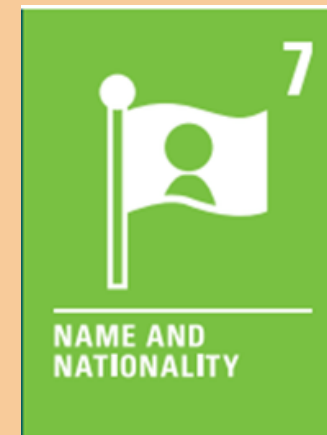
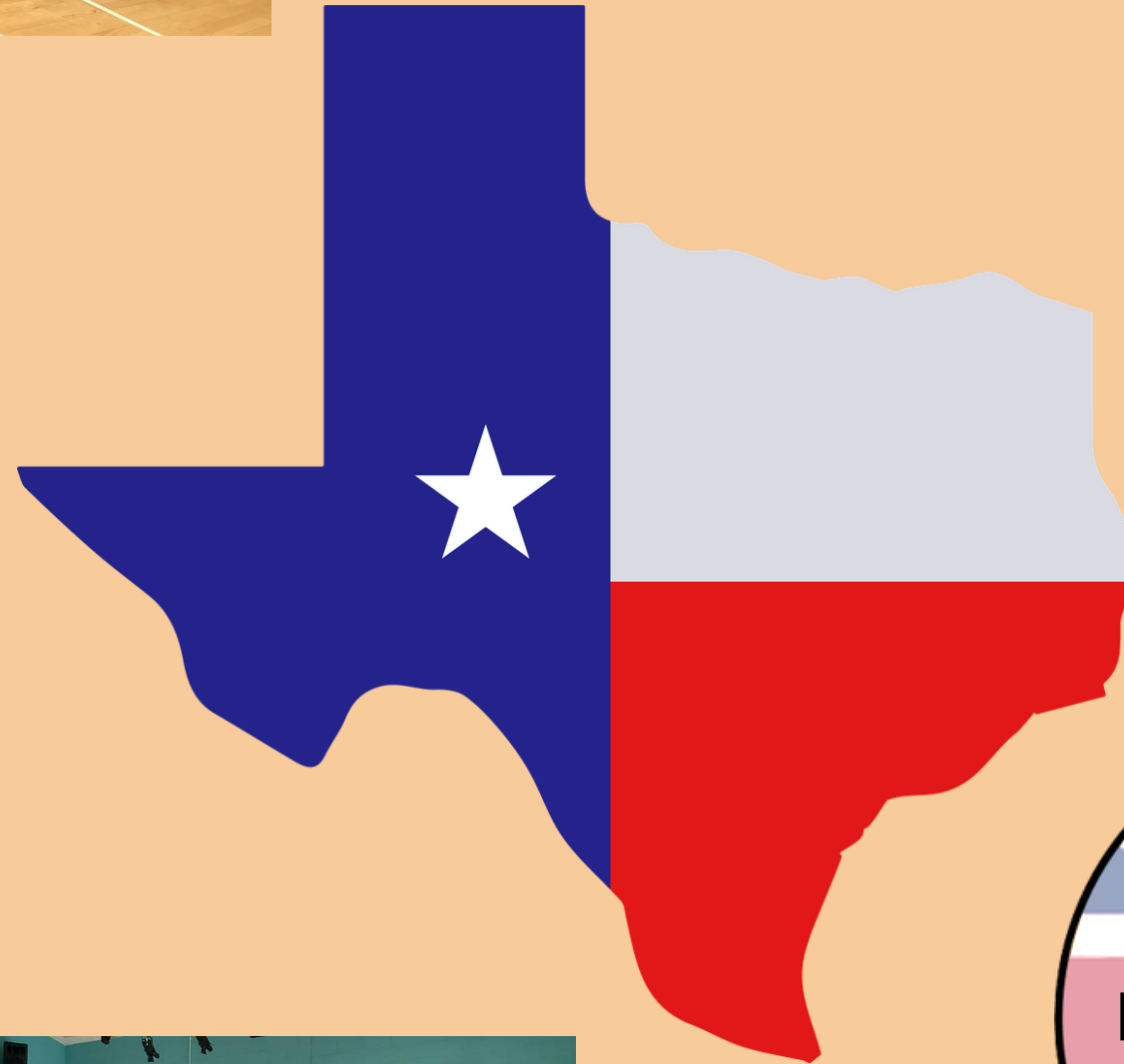


For Schools' Football Week, we took part in mini football games during our PE lesson.





School were visited by a group from Texas. They taught us about their culture and even taught use some of their line dancing.

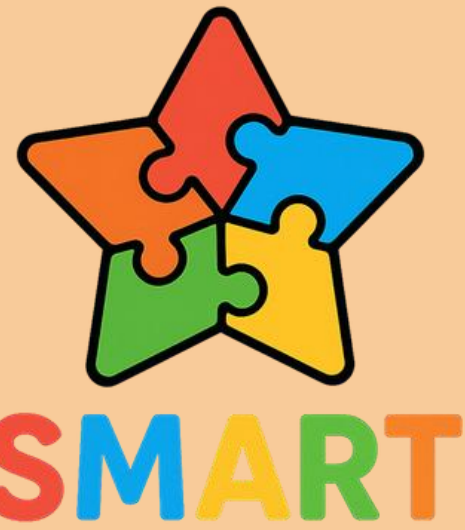




# MENTAL Health MATTERS



During our mental health session, we worked together in groups to discuss: communication, resilience and self-care. Within our groups we discussed what these meant and how we can improve in these areas. After this, we carried out different role play scenarios of good communication styles and bad communication styles.



**We listened to 'Giraffes can't dance' and discussed how mindsets can change for the better.**

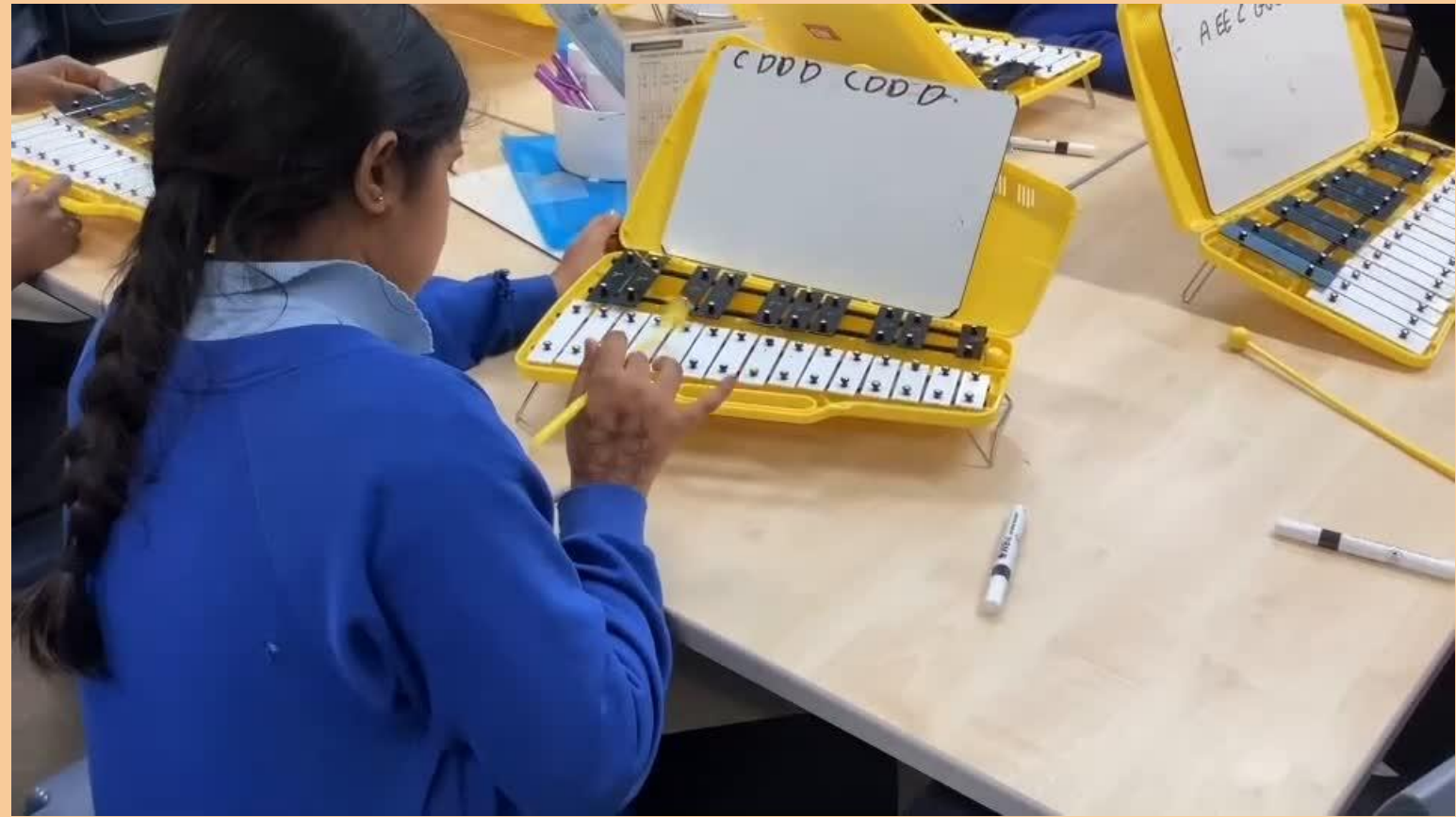
**Personal  
Development  
Resilience**

**Growth Mindset**

**We explored having a growth mindset over a fixed mindset and what shifts we can have in our attitudes to help us.**

**you can  
DO IT ✨**

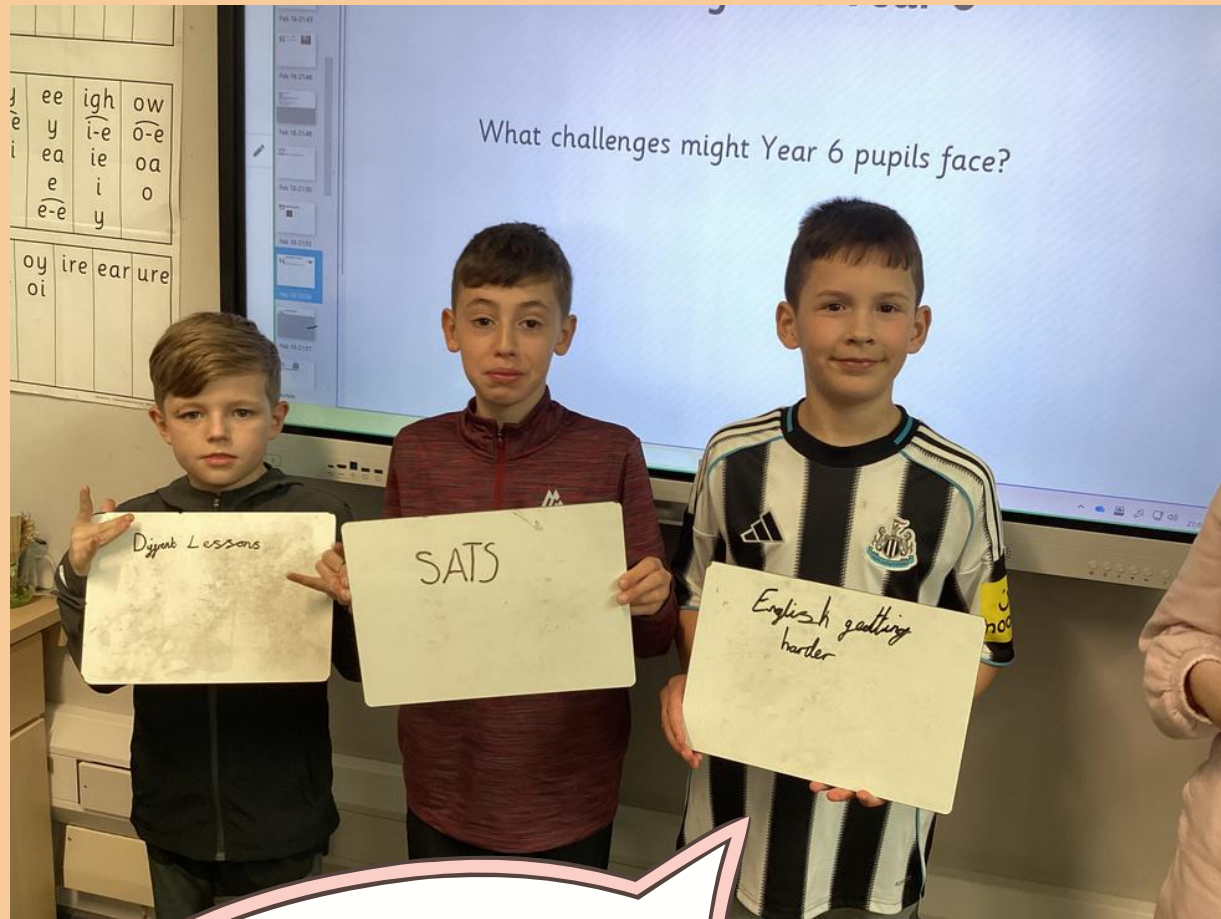




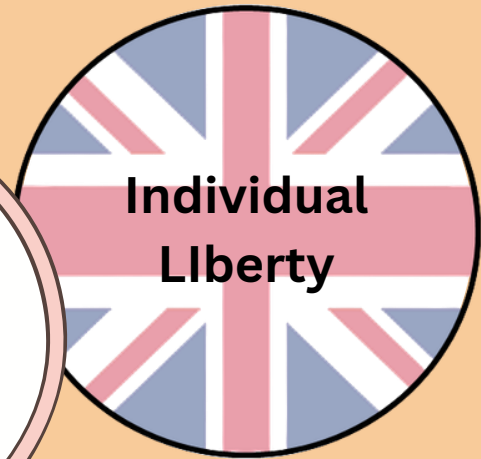


In PE, we have been developing our badminton skills. We have learnt how to use forward and backhand moves and how to outwit our opponent. We have also improved our serving skills and had mini games against one another.





**Zircon explored different challenges they may experience during year 6.**



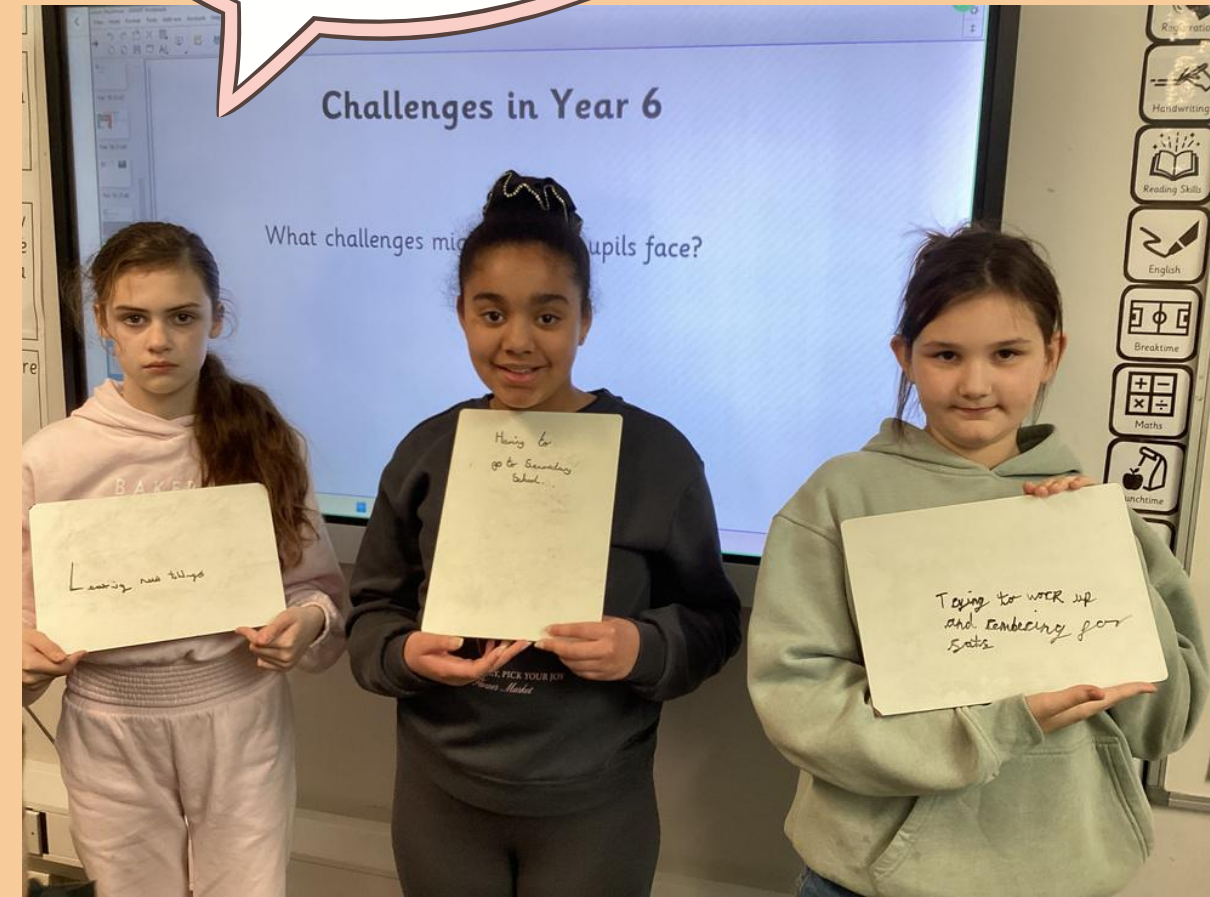
**Ask for help**

**Positive self talk**

**Personal Development Resilience**

**Managing Difficulties**

**We discussed a range of strategies we could use to help overcome or reduce these difficulties.**





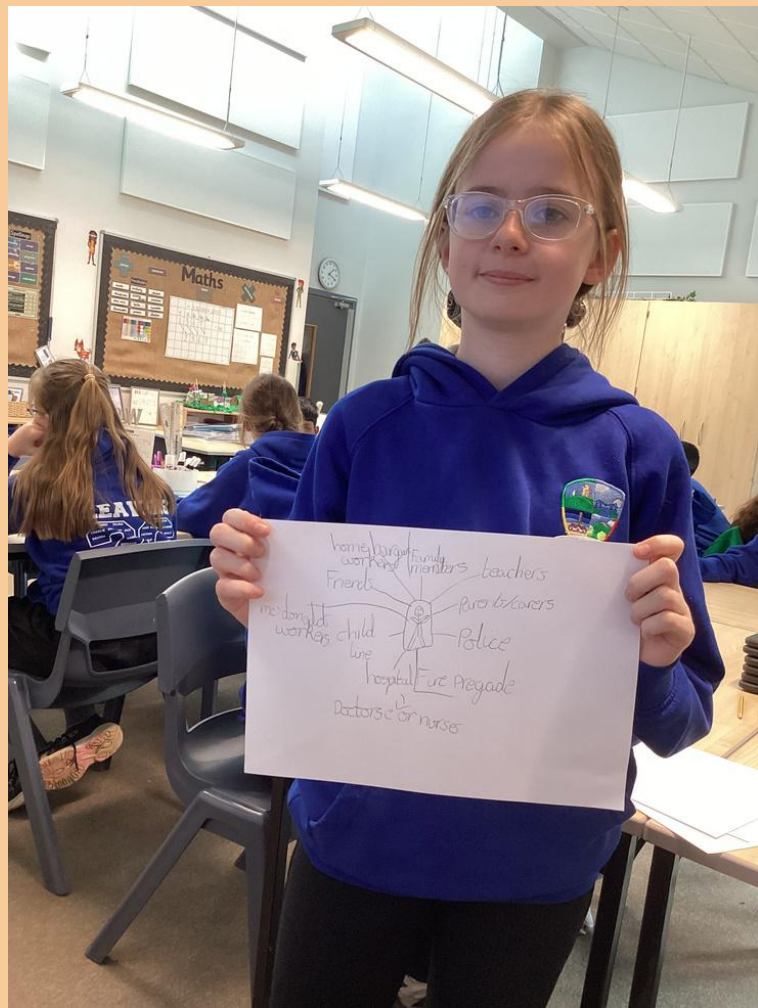
**We loved listening to Danoush talk about his achievements and dedication to his sport (wrestling). We then completed a circuit led by Danoush.**



# Sports For Champions UK<sup>®</sup>

Community Interest Company



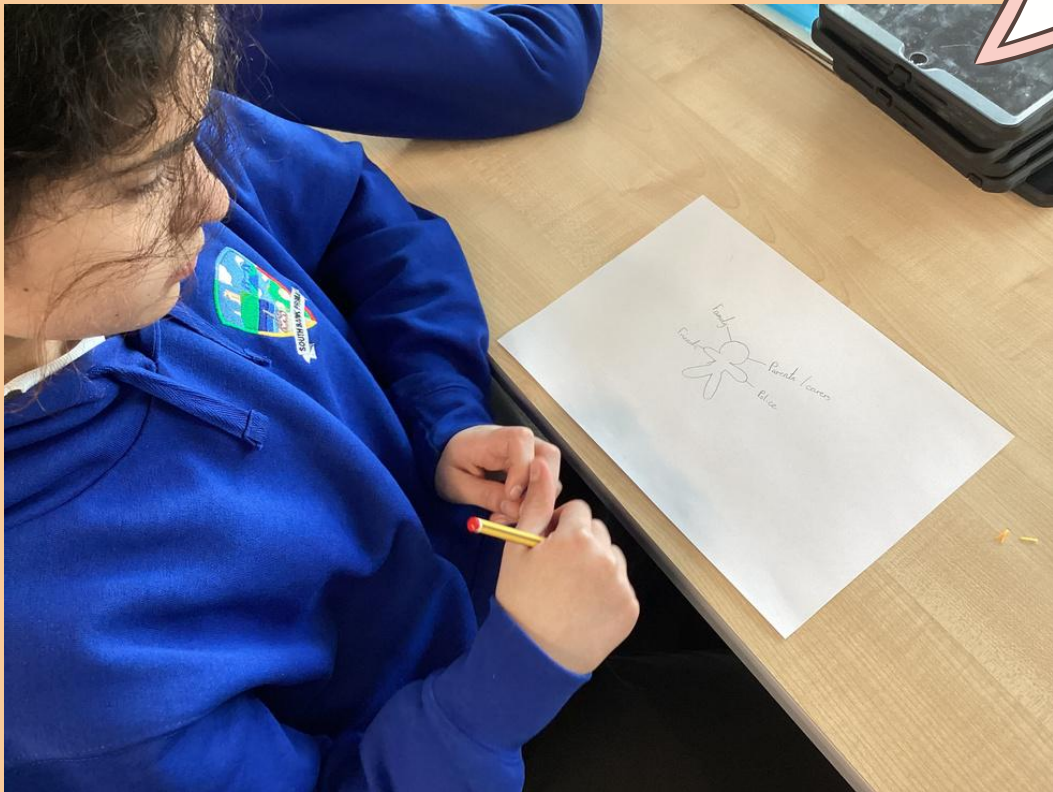


**I'd speak to my family or friends.**

**I'd speak to my parents, friends or the police.**

**I'd speak to my teachers, friends or family.**

**Personal Development  
Resilience  
Seeking support and  
positive relationships**



**We designed our own support network, by identifying those around us that we could turn to for advice, help or comfort.**

